



KGV

sodexo
at SCHOOL

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at SCHOOL

MAKE YOUR
VOICE HEARD

Every voice matters



GIVE YOUR
FEEDBACK TO US



SCAN THIS QR CODE



SPEAK TO A STAFF MEMBER

sodexo

MENU MECHANISM



All our meals are
Nuts Free



All our eggs are
Cage Free



Discover
Locally Made
products



Savor
Low Carbon
footprint
produce



Ingredients
good for
Planet & Health



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Jun 16 - 20

WEEKLY MENU



16/06 Monday

17/06 Tuesday

18/06 Wednesday

19/06 Thursday

20/06 Friday

SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in	Braised Beef in Portuguese Sauce w/ Rice 	Grilled Chicken Steak in Onion Sauce w/ Rice	Thai Red Curry Pork w/ Rice 	Chicken a-la-king w/ Rice OR Spaghetti 	Tori Karaage w/ Cross Trax Fries [\$46]
Meal B \$40 Takeaway \$37 Dine-in	Stir-fried Chicken in Black Bean Sauce w/ Oyster King Mushroom, Rice	Braised Beef Brisket w/ Radish, Rice	Baked Fish Fillet in Tomato Concasse w/ Rice OR Macaroni 	Pork Shogayaki w/ Rice	Baked Fish Florentine w/ Rice OR Penne
Meal C \$37 Takeaway \$34 Dine-in	(Vegan) Trio Tomato Fusilli 	(V) Pumpkin Alfredo Farfalle 	(V) Stir-fried Egg Noodle w/ Assorted Vegetable 	(V) Aubergine Korma w/ Pita Bread Or Rice 	(Vegan) Shiitake Lentil Bolognese w/ Rice
Bowl \$40	Stir-fried Flat Rice Noodle w/ Pork	Dried Taiwanese Noodle w/ Minced Pork & Mushroom 	Shanghainese Soup Noodle w/ Chicken 	Pho Thap Cam 	Barbecued Pork Fried Rice

LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Grilled Bacon Caesar 	Japanese Soba Noodle in Yuzu Vinegar 	Mixed Kale Salad w/ Parma Ham	(V) Mediterranean Chopped Salad in Italian Dressing 	Thai Beef Salad in Sweet Chili Sauce
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PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29	Pepperoni & Cheese 	Ham & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$29	(V) Trio Cheese 	(V) Margherita 	(V) Marinara 	(V) Trio Cheese 	(V) Margherita



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



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Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Braised Beef in Portuguese Sauce w/ Rice			Grilled Chicken Steak in Onion Sauce w/ Rice			Thai Red Curry Pork w/ Rice			Chicken a-la-king w/ Rice OR Spaghetti			Tori Karaage w/ Cross Trax Fries		
	164	6	7	175	9	5	179	5	9	176	12	16	269	10	15
Meal B	Stir-fried Chicken in Black Bean Sauce w/ Oyster King Mushroom, Rice			Braised Beef Brisket w/ Radish, Rice			Baked Fish Fillet in Tomato Concasse w/ Rice OR Macaroni			Pork Shogayaki w/ Rice			Baked Fish Florentine w/ Rice		
	129	9	5	124	10	5	144	11	4	163	6	5	152	12	5
Meal C	(Vegan) Trio Tomato Fusilli			(V) Pumpkin Alfredo Farfalle			(V) Stir-fried Egg Noodle w/ Assorted Vegetable			(V) Aubergine Korma w/ Pita Bread Or Rice			(Vegan) Shiitake Lentil Bolognese Penne		
	150	5	3	161	4	9	190	5	7	134	3	8	190	8	4
Bowl	Stir-fried Flat Rice Noodle w/ Pork			Dried Taiwanese Noodle w/ Minced Pork & Mushroom			Shanghainese Soup Noodle w/ Chicken			Pho Thap Cam			Barbecued Pork Fried Rice		
	156	9	5	130	4	6	128	11	5	91	7	2	153	5	3
Salad Box	Grilled Bacon Caesar			Japanese Soba Noodle in Yuzu Vinegar			Mixed Kale Salad w/ Parma Ham			(V) Mediterranean Chopped Salad in Italian Dressing			Thai Beef Salad in Sweet Chili Sauce		
	196	10	13	140	6	4	185	8	13	150	2	11	110	5	5



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